

We help thousands of people every week

Are money problems keeping you awake at night?

Listen to what some of our clients say about us. Their words are even more meaningful than ours.

"It was really like having a weight lifted from me and I actually started to get some sleep, without having all these troubles going around and around in my head."

"We are sleeping better and there is no financial stress between my wife and me. We are coping much better sorting out our incomes, and spending to a more realistic budget."

"Not only are you reassuring, you also helped us take positive action. You are extremely knowledgeable about every aspect of debt – from the legal ones to the equally important emotional ones. We can't praise you highly enough."

"I'm now in a stronger position mentally and financially after the advice I received, instead of the constant worry and anxiety I used to have going through my mind beforehand."

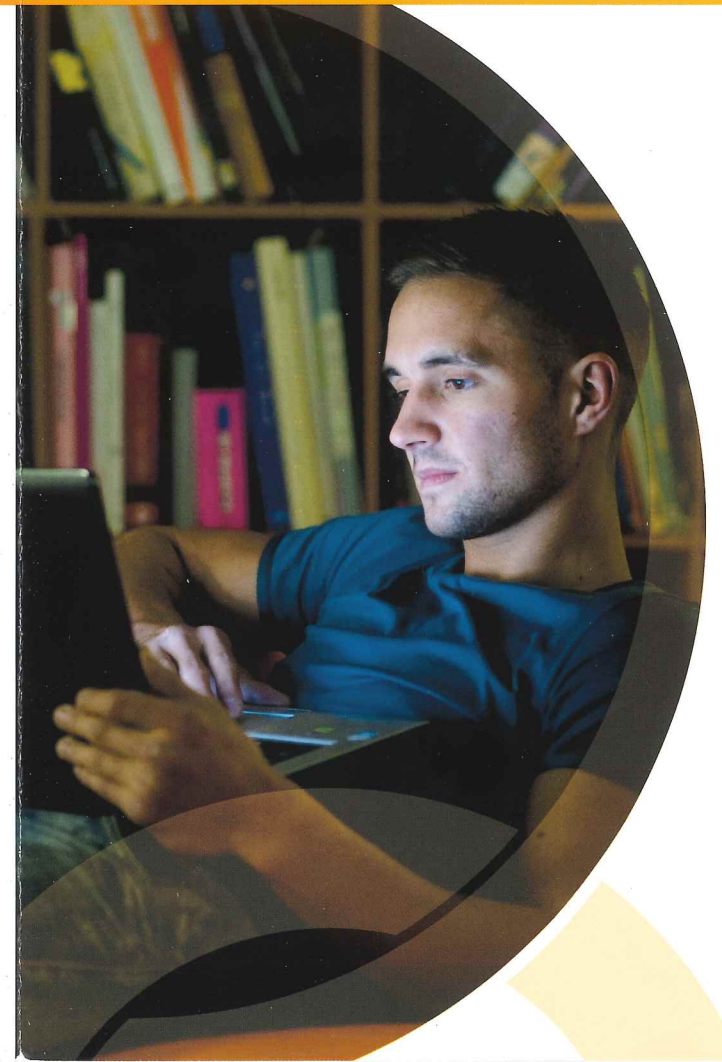
For free debt advice, call us on
0800 138 1111
Monday to Friday 8am to 8pm
Saturday 8am to 4pm
or visit
www.stepchange.org

We're always here for you

It's easy to find out more. Our website contains valuable information, advice and resources about debt management and money worries.

You can also sign up for our email newsletter. Each month we'll send you the latest debt news, advice and tips to help you manage your money better and avoid debt.

Search for MoneyAware on:



With free debt advice,
you can sleep easier

Borrowed money you can't repay?

Struggling to pay your bills?

Scared to tell anyone how much you owe?



When debts get out of control, it's often difficult to know where to turn. Worry and stress can make it difficult to think clearly and make the right decisions.

For many people, the first time they can sleep without worry is when they've talked to us. At StepChange Debt Charity, we help people overcome their debt problems – no matter how serious they might be.

If you feel trapped and in a dark place, there is a way out of debt. And it starts right here.

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Free and impartial debt advice

Unlike companies that charge a fee to manage people's debts, our advice is completely free. As the UK's leading debt charity, we've helped over two million people in the past 20 years.

We can help you in so many ways:

- Free and confidential debt advice
- Full assessment of your financial situation
- Solutions tailored to you
- Arrange repayments if you can afford them
- Ongoing support to become debt free

Expert debt help online

If you're not ready to talk about your debt problems just yet, take control of your finances with our anonymous Debt Remedy online tool. We'll use details of your debts and budget to create a free, personal action plan that tells you the best way to deal with your debts. You'll get the same free, expert advice you'd get from one of our advisors at a time that suits you.

- 24/7 debt help
- Completely anonymous
- Get a debt solution in minutes
- Web chat support